

DC CHILD CARE CONNECTIONS



Family Connections September 2024 Workshops A Celebration of Families and Communities Learning Together

DC Child Care Connections (DC CCC) is the District's child care resource and referral (CCR&R) program. DC CCC helps families find child care and resources that support the healthy growth and development of children birth to age 5. Contact DC CCC at **(202) 829-2500**, **(202) 678-0027** or OSSE.dchildcareconnections@dc.gov.

Thursday, Sept. 12, 2024, 5:30-6:30 p.m.

Healthy Eating and Physical Wellbeing in Early Childhood

Daily routines can help children learn healthy habits and reach developmental milestones. This workshop for families and caregivers will focus on tools and tips for maintaining healthy lives, beginning in early childhood. **Click [here](#) to register.**

Thursday, Sept. 26, 2024, 5:30-6:30 p.m.

Restoring Hope and Healthy Functioning

Families will be guided through a list of resources for coping with grief, loss and trauma during this training. Participants will explore the stages of grief and loss, as well as the physical and emotional reactions of trauma to disruptive and painful life events. **Click [here](#) to register.**